

Resource List

Saints, Sufferers, & Sinners: Loving Others as God Loves Us by Mike Emlet
Untangling Emotions: God's Gift of Emotions by Alasdair Groves and Winston Smith
Side by Side by Ed Welch
Instruments in the Redeemer's Hands by Paul David Tripp
Making Sense of Forgiveness by Brad Hambrick
Good & Angry by David Powlison
God's Grace in Your Suffering by David Powlison
Running Scared: Fear, Worry, and the God of Rest by Ed Welch
Depression: Looking Up from the Stubborn Darkness by Ed Welch
Shame Interrupted by Ed Welch
Unashamed: Healing Our Brokenness and Finding Freedom from Shame by Heather Davis Nelson
What God Has to Say About Our Bodies: How the Gospel is Good News for Our Physical Selves by Sam Allberry

How Does Change Happen?

The Dynamic Heart in Daily Life: Connecting Christ to Human Experience by Jeremy Pierre
How People Change by Paul David Tripp and Tim Lane
How Does Sanctification Work? by David Powlison

Sexuality

God, You, and Sex: A Profound Mystery by David White
Making All Things New by David Powlison
Sexual Sanity for Women: Healing from Sexual and Relational Brokenness by Ellen Dykas

Marriage

Marriage Matters by Winston Smith
The Meaning of Marriage by Tim & Kathy Keller

Parenting

Childproof: Parenting by Faith, Not Formula by Julie Lowe

Abuse

Is It Abuse? A Biblical Guide to Identifying Domestic Abuse and Helping Victims by Darby Strickland
When Home Hurts: A Guide for Responding Wisely to Domestic Abuse in Your Church